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### **Ready, Set...Ride!**

DOVER, DE – Come out and join us for the 22<sup>nd</sup> Annual Amish Country Bike Tour that will take place Saturday, September 6<sup>th</sup>, 2008 at 8:00 AM. Cyclists from near and far will enjoy Kent County's rural Amish countryside with 4 food stops and your choice of 15, 25, 50, 62 or 100-mile loops. The Amish Schoolhouse food stop is the most famous for the Amish-made pies and pastries...always a favorite among the riders. All routes begin and end on Legislative Mall in historic downtown Dover. A picnic lunch and free entertainment are included in the registration fee. Proceeds from the ride benefit the Central Delaware YMCA Youth Programs.

"We have cyclist come into town from all over the Mid-Atlantic for this ride. It is a wonderful opportunity to showcase Kent County to our locals and tourists alike", said Michele Robinette, Director of Public Relations & Special Events for Kent County Tourism. "Last year we revised the 25, 50, 62 and 100 mile routes. We have added more scenic areas to the ride and I think the cyclists will be pleasantly surprised", said Robinette.

New to this year's ride is the Surf & Turf Weekend Package. Participants will experience Delaware's Capital Region by kayak and bike. The Surf & Turf weekend package includes two night's lodging including tax, kayaking tour with *Return to Nature*, one bike tour admission which includes a collectible water bottle, bike tour map, food stops (up to 4 based on the selected ride), after ride catered picnic and the after ride live entertainment.

"We are really excited to partner with Return to Nature and to be able to offer kayaking tours this year," said Robinette. "The Surf & Turf weekend package is a great deal and it offers participants the opportunity to explore Kent County by land and by water", she said.

For more information on how to register for the Bike Tour or the Surf & Turf weekend package, contact Kent County Tourism at 800 233-5368 or register online at [www.visitdover.com/events](http://www.visitdover.com/events).

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